



BJA
Bureau of Justice Assistance
U.S. Department of Justice

While We Have You...



Are you taking pills, drugs, or medication prescribed for past injuries or medical issues to help you cope?

Do you use drugs, prescribed or illicit, to help you get through the day?



Substance abuse and substance use disorders are not uncommon among law enforcement officers.¹

If you feel you have a substance use disorder, getting help early can be lifesaving!

Reach out to a physician, family member, friend, or counselor. Your agency's Employee Assistance Program (EAP) will also have resources. Resources are completely confidential and are available 24/7.

You can also reach out to the Substance Abuse and Mental Health Services Administration (SAMHSA) for substance treatment.

1-800-662-4357

www.samhsa.gov/find-help/national-helpline

www.AddictionCenter.com



¹ Cross, C., Ashley, L., (2004). Police Trauma and Addiction: Coping With Dangers of the Job. FBI Law Enforcement Bulletin. 72(10).

Agency EAP:

Agency Chaplain:

MANAGED BY
IIR
Institute for Intergovernmental Research

Visit valorforblue.org and safleo.org for additional resources on substance abuse.